

VIRGINIA PREVENTION EVALUATION SYSTEM
❖ Annual Plan Program Sheet (PEMS Table D)❖
PEMS-Compliant 2006

Please complete one cover page for each grant that your agency receives from VDH for prevention programs.

Agency Name: _____

Grant Program (check only one):

- ☐ Faith Initiative (AAF)
- ☐ AIDS Services and Education (ASE)
- ☐ Minority Projects (MAP)
- ☐ MSM HIV Prevention (MSM)
- ☐ Community HIV Testing (CHT)
- ☐ High Risk Youth and Adults (HRY)
- ☐ Prevention with Positives (POS)

Agency PEMS contact person: _____

Contact's Phone Number: _____

Contact's Fax: _____

Contact's Email: _____

Programs – Please list below each program that your agency plans to implement under the above grant. This is the name used by your agency to identify a specific program designed to provide HIV Prevention services to clients under these grant funds – the program name **should start with the three letter designation** for your grant listed above. (e.g. ASE - IDU Program). Please complete one program sheet (following page) for each program listed below.

D01. Program 1: _____

D01. Program 2: _____

D01. Program 3: _____

D01. Program 4: _____

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D01. Program Name (from Cover Sheet):_____

Program Models: Each program can have multiple models. A model is defined as the scientific or operational basis for a program including the replication model or procedural document on which the program is based.

Please list the name of each model below and fill out one Program Model worksheet for each model listed.

Model 1: _____

Model 2: _____

Model 3: _____

Model 4: _____

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E101. Program Model Name (from program sheet): _____

Basis for Program Model (chose one of the following):

- ☐ **Evidence Based Study** – complete section E102 (*Program proven effective through research studies that have shown positive behavioral and/or health outcomes*)
- ☐ **CDC Recommended Guidelines** – complete section E103 (*A Study Replication Model cannot be considered the basis for a program model.*)
- ☐ **Other Basis** – complete section E104 (*You will be asked to indicate the scientific, theoretical or operational basis for the program. If applicable, specify the published article or study upon which this program is modeled, or briefly describe the source of the model for the program.*)

E102. Evidence Based Study (Program proven effective through research studies that have shown positive behavioral and/or health outcomes) If you select this, please choose **one** from the following list:

- ☐ 1.01 Community PROMISE - A community-level STD/HIV prevention intervention that relies on the outreach work of peer advocates from the target community to deliver role model stories to members of the target population.
- ☐ 1.02 Healthy Relationships A five-session, small-group intervention for men and women living with HIV/AIDS that focuses on developing skills and self-efficacy and positive expectations about new behaviors through modeling behaviors and practicing new skills.
- ☐ 1.03 Holistic Health Recovery A 12-session, manual-guided, group level program to reduce harm, promote health, and improve quality of life for HIV-positive injection drug users.
- ☐ 1.04 Many Men, Many Voices - A six- or seven-session, group level STD/HIV prevention intervention for gay and bisexual men of color.
- ☐ 1.05 Mpowerment - A community-level HIV prevention intervention for young men who have sex with men. The intervention is run by a core group of 12-20 young gay/bi-sexual men from the community and paid staff.
- ☐ 1.06 Popular Opinion Leader - A specialized type of outreach that consists of a group of trusted, well-liked people who are recruited and trained to endorse safer sexual behaviors in casual, one-on-one conversations with peers in their own social network at a range of venues and settings.
- ☐ 1.07 RAPP - A community-level HIV prevention intervention designed to help low-income women (aged 15-34) and their partners reduce their risk for HIV infection. The intervention objectives are to increase consistent condom use by women and their partners, to change community norms so that practicing safer sex is seen as the acceptable norm, and to involve as many people in the community as possible.
- ☐ 1.08 Safety Counts A cognitive-behavioral intervention to reduce HIV risks among active drug users and specifically target active crack cocaine and injection drug users who are at very high risk for HIV/STD infection.
- ☐ 1.09 SISTA A social skills training intervention aimed at reducing HIV sexual risk behavior among African-American women at highest risk.
- ☐ 1.1 Street Smart- An intensive HIV/AIDS and STD prevention program for youth whose behaviors place them at very high risk of becoming infected.

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- ☐ 1.11 Together Learning Choices - An intervention for young people, (ages 13-29) living with HIV. It is delivered in small groups using cognitive-behavioral strategies to change behavior.
- ☐ 1.12 VOICES/VOCES A single-session, video-based HIV/STD prevention workshop designed to encourage condom use and improve condom negotiation skills among heterosexual African American and Latino men and women.
- ☐ 1.13 WILLOW
- ☐ 1.14 SiHLE
- ☐ 1.15 PCM CLEAR
- ☐ 1.16 OPTIONS
- ☐ 2.01 Partnership for Health A brief counseling program for individual men and women living with HIV/AIDS delivered by medical providers in HIV outpatient clinics.
- ☐ 2.02 Project RESPECT A client-focused, HIV prevention counseling intervention that seeks to reduce high-risk sexual behaviors and prevent new sexually transmitted infections among heterosexual clients in STD clinics.
- ☐ 2.03 NIMH Multi-site HIV 1998): Project LIGHT (Living in Good Health decreasing unprotected sexual intercourse Together) - A small group intervention for persons Prevention Trial Group receiving services at STD clinics or (health care clinics with the goals of and increasing condom use.
- ☐ 3.01 Cohen (1991): Condom Skills Education A single, 30-minute group condom skills education session for people waiting in STD clinics.
- ☐ 3.02 Des Jarlais (1992): AIDS/Drug Injection Prevention A small group intervention to prevent the transition from sniffing heroin to injecting heroin.
- ☐ 3.03 El-Bassel (1992): Building Skills A small group intervention to reduce sexual risk behavior and HIV transmission for women methadone patients.
- ☐ 3.04 McCusker (1992): Informational and Enhanced AIDS Education - A small group informational and enhanced education intervention on drug- and sex- related HIV risk behaviors for drug abusers.
- ☐ 3.05 Cohen (1992): Group Discussion Condom Promotion A group video and discussion session about condom use for people waiting in STD clinics.
- ☐ 3.06 Hobfoll (1994): Reducing AIDS Risk Activities - A small group intervention to enhance AIDS knowledge, attitudes, and skills and, as a result, to influence behavior change for inner-city clinics for low-income women.
- ☐ 3.07 Kelly (1994): Cognitive-A small group intervention concerning Behavioral Skills Training high-risk behaviors for high-risk women Group in urban clinics.
- ☐ 3.08 Wenger (1991): HIV Education, Testing and Counseling - An education, testing, and one-on-one counseling intervention to reduce high-risk sexual behavior among heterosexuals undergoing HIV Antibody testing.
- ☐ 3.09 Kelly (1989): Behavioral Self-management and Assertion Skills (Project ARIES) - A 12-session, small group intervention for gay men to reduce the frequency of high-risk sexual practices and increase behavioral skills for refusing sexual coercions.
- ☐ 3.1 Jemmott (1992): Be Proud! Be Responsible
- ☐ 3.11 Rotheram-Borus (1998): 3Session and 7-Session Small groups

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☐ 3.12 Magura (1994): Intensive A small group intervention to reduce HIV/AIDS Education in Jail drug- and sex-related risk behaviors for male adolescent drug users in jail.

☐ 3.13 Sellers (1994): HIV Prevention for Latino Youth

☐ 3.14 Orr (1996): Brief Behavioral Intervention

☐ 3.15 Eldridge (1997): Behavioral Skills Training

☐ 3.16 Get Real About AIDS, 1992 A classroom intervention to postpone the initiation of sexual intercourse and to reduce the number of high school students engaging in unsafe sex and drug-using behaviors.

☐ 3.17 Stanton (1996): Focus on Kids - A peer network decision-making intervention to increase condom use among sexually active low-income African-American youths.

☐ 3.18 Kirby (1991): Reducing the Risk - A classroom intervention presented through a 10th grade comprehensive health curriculum to postpone initiation of sexual intercourse and, among those sexually experienced, to reduce unprotected sex.

☐ 3.19 Get Real About AIDS, 1993

☐ 3.2 St. Lawrence (1995): Becoming a Responsible Teen (BART) - A 8-session small group intervention to reduce African-American adolescents' risk for HIV infection.

E103. CDC Recommended Guidelines (If a Study Replication Model cannot be considered the basis for a program model, then **select one** from the list of CDC procedural guidelines that were used)

- ☐ PCM (CRCS) for HIV infected persons
- ☐ PCM (CRCS) for uninfected persons at very high risk for HIV
- ☐ Counseling and Testing
- ☐ PCRS

E104. Other Basis (Indicate the scientific, theoretical or operational basis for the program. If applicable, specify the published article or study upon which this program is modeled, or briefly describe the source of the model for the program.)

- ☐ Study, please specify _____
- ☐ Other, please specify _____

E105. Target Population (select all that apply)

- ☐ Persons living with HIV/AIDS
- ☐ Racial/Ethnic Minorities
- ☐ Injecting Drug Users
- ☐ Men who have sex with Men
- ☐ Heterosexuals
- ☐ Inmates
- ☐ Youth
- ☐ Transgender persons
- ☐ Homeless persons
- ☐ Persons who sell or trade sex
- ☐ Mentally ill/Mentally retarded persons

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E106. Sub-target Population(s): please specify

E107. Program Model Start Date: ____/____/____

E108. Program Model End Date: ____/____/____

Intervention List for this Program Model – Please list each intervention that will be implemented this year for this Program Model and fill out an Intervention Worksheet for each intervention listed.

Intervention Letter	Intervention Name
A	
B	
C	
D	
E	
F	
G	
H	
I	
J	

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Program Model Name (from Program sheet): _____

F02. Intervention Name (from Program Model Worksheet): _____

F01. Intervention Type (Taxonomy of interventions that differentiates broad categories of prevention services; contains one or more specific activities or methods used to induce change in a person's behavior, thoughts, or feelings.) Select one of the following:

- ☐ Counseling and Testing
- ☐ Health Communication/Public Information
- ☐ Partner Counseling and Referral Services
- ☐ Comprehensive Risk Counseling and Services (CRCS)
- ☐ Outreach
- ☐ Health Education/Risk Reduction (not Outreach or CRCS)
- ☐ Other

F03. Does this Intervention primarily or exclusively target persons living with HIV/AIDS (PLWHAs) and their sex and/or injection drug using partners?

☐ Yes ☐ No

F04. Does this intervention primarily or exclusively target pregnant women to reduce the risk of perinatal HIV transmission?

☐ Yes ☐ No

F05. Total **number** of clients estimated to be served for the target population(s) specified on the Program Model Worksheet.

_____ **Total Estimated Clients to be served (sum of A to K below)**

_____ A. Persons living with HIV/AIDS

_____ B. Racial/Ethnic Minorities

_____ C. Injecting Drug Users

_____ D. Men who have sex with Men

_____ E. Heterosexuals

_____ F. Inmates

_____ G. Youth

_____ H. Transgender persons

_____ I. Homeless persons

_____ J. Persons who sell or trade sex

_____ K. Mentally ill/Mentally retarded persons

F07. Planned Number of Cycles (Number of times a unique intervention is intended to be delivered in its entirety over the program model period; a cycle is a complete delivery of an intervention to its intended audience)

_____ or ☐ Ongoing

F08. Number of Sessions (The total number of sessions planned for an intervention that has a predetermined or targeted number of sessions; "unknown" is acceptable). This would be the number of times the intervention is held within a cycle.

_____ times or ☐ Unknown

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F09. Unit of Delivery – The category or grouping of intended clients for the intervention (check all that apply):

- ☐ Individual
- ☐ Couple
- ☐ Small Group
- ☐ Large Group
- ☐ Community

F10. Activities or components of the planned intervention (check all that apply)

<input type="checkbox"/> HIV Testing <input type="checkbox"/> Referral <input type="checkbox"/> Personalized risk assessment <input type="checkbox"/> Elicit partners <input type="checkbox"/> Notification of exposure Information <input type="checkbox"/> HIV/AIDS transmission <input type="checkbox"/> Abstinence/postpone sexual activity <input type="checkbox"/> Other sexually transmitted diseases <input type="checkbox"/> Viral hepatitis <input type="checkbox"/> Availability of HIV/STD counseling and testing <input type="checkbox"/> Availability of partner notification and referral services <input type="checkbox"/> Living with HIV/AIDS <input type="checkbox"/> Availability of social services <input type="checkbox"/> Availability of medical services <input type="checkbox"/> Sexual risk reduction <input type="checkbox"/> IDU risk reduction <input type="checkbox"/> IDU risk free behavior <input type="checkbox"/> Condom/barrier use <input type="checkbox"/> Negotiation/Communication <input type="checkbox"/> Decision making <input type="checkbox"/> Disclosure of HIV status <input type="checkbox"/> Providing prevention services <input type="checkbox"/> HIV testing <input type="checkbox"/> Partner notification <input type="checkbox"/> HIV medication therapy adherence <input type="checkbox"/> Alcohol and drug use prevention <input type="checkbox"/> Sexual Health <input type="checkbox"/> Other Demonstration <input type="checkbox"/> Condom/barrier use <input type="checkbox"/> IDU risk reduction <input type="checkbox"/> Negotiation and communication <input type="checkbox"/> Decision making <input type="checkbox"/> Disclosure of HIV status <input type="checkbox"/> Providing prevention services <input type="checkbox"/> Partner notification <input type="checkbox"/> Other Practice <input type="checkbox"/> Condom/barrier use <input type="checkbox"/> IDU risk reduction <input type="checkbox"/> Negotiation/Communication <input type="checkbox"/> Decision making <input type="checkbox"/> Disclosure of HIV status <input type="checkbox"/> Providing prevention services <input type="checkbox"/> Partner notification <input type="checkbox"/> Other	Discussion <input type="checkbox"/> Sexual risk reduction <input type="checkbox"/> IDU risk reduction <input type="checkbox"/> HIV Testing <input type="checkbox"/> Other sexually transmitted diseases <input type="checkbox"/> Disclosure of HIV status <input type="checkbox"/> Partner notification <input type="checkbox"/> HIV medication therapy adherence <input type="checkbox"/> Abstinence/postpone sexual activity <input type="checkbox"/> IDU risk free behavior <input type="checkbox"/> HIV/AIDS transmission <input type="checkbox"/> Viral hepatitis <input type="checkbox"/> Living with HIV/AIDS <input type="checkbox"/> Availability of HIV/STD counseling and testing <input type="checkbox"/> Availability of partner notification and referral services <input type="checkbox"/> Availability of social services <input type="checkbox"/> Availability of medical services <input type="checkbox"/> Condom/barrier use <input type="checkbox"/> Negotiation/Communication <input type="checkbox"/> Decision making <input type="checkbox"/> Providing prevention services <input type="checkbox"/> Alcohol and drug use prevention <input type="checkbox"/> Sexual Health <input type="checkbox"/> Other Other testing <input type="checkbox"/> Pregnancy <input type="checkbox"/> STD <input type="checkbox"/> Viral hepatitis Distribution <input type="checkbox"/> Male condoms <input type="checkbox"/> Female condoms <input type="checkbox"/> Safe sex kits <input type="checkbox"/> Safer injection/bleach kits <input type="checkbox"/> Lubricants <input type="checkbox"/> Education materials <input type="checkbox"/> Referral lists <input type="checkbox"/> Role model stories <input type="checkbox"/> Other Other <input type="checkbox"/> Post-intervention follow up <input type="checkbox"/> Post-intervention booster session <input type="checkbox"/> HIV Testing history survey <input type="checkbox"/> Other (specify) _____
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F11. Planned Delivery Method for this intervention (choose all that apply):

- ☐ In person
- ☐ Internet
- ☐ Printed Materials – magazines, newspapers
- ☐ Printed Materials – pamphlets, brochures
- ☐ Printed Materials – posters, billboards
- ☐ Radio
- ☐ Telephone
- ☐ Television
- ☐ Video
- ☐ Other, specify _____

F13. Will Client Behavior details (risk assessment and follow-ups) be done for this intervention?

- ☐ Yes ☐ No

F14. Level of data collection

- ☐ **Aggregate** (for HCPI, Basic Street Outreach, some GLIs)
- ☐ **Client-Level** (for ILI, CRCS, ISO, and DEBI interventions)